

Winifred's Well Wander

This is one of four family friendly walks exploring the Montgomery Canal and nearby countryside



✓ Historical place of interest



Keep dogs on a lead
(Watch out for cows
& sheep)

Starts at Queens Head. Walk along the canal and cross fields to explore the magical St Winifred's Well. Return via a quiet country road. Follow this waymark



4 miles
2 hrs | Easy

- 1 Go straight on at Lock 2 or cross the canal and explore the nature reserve (see Walk 1 Point 3). You can re-join the canal at Lock 3.
- 2 Go past Lock 3 to eventually reach bridge 78. Go under the bridge and turn left. Go through the kissing gate.
- 3 Bear left across the field (caution cows) to a plank bridge across a boggy area in the corner. Keep the hedgerow on your right in the next field to reach another plank bridge to the stream.
- 4 Cross the footbridge to St Winifred's Well. Walk past the well, up the narrow lane, to reach Woolston village. Turn left through the gate and go on to the road at Top House Farm.
- 5 Go past the farm, turning left at the large green steel barn. Follow Woolston Road for 1.2km. This quiet lane starts straight then bends passing a small, pretty cottage called Stone House. Follow the next bend past New House, then gently climb to reach a wide gateway on the left at the brow of the hill.
- 6 Go left through the gate following the right-hand field edge to a kissing gate. Go through the gate following the right-hand hedge around the field to reach a footbridge in the trees at the bottom in the trees.
- 7 Cross the bridge then the next field back to the canal by crossing a gated footbridge. Turn right to return to the start.



Legend says Winifred's suitor Prince Caradoc chopped off her head because she wouldn't marry him.

